

Headway Contracted Insurance Rates August 7, 2026 (Subject to change)

CPT Code	Description	Aetna	BC/BS	Cigna
90832	Individual therapy 16-37 minutes	\$45.41		\$48.00
90834	Individual therapy 38-45 minutes	\$103.00	\$61.28	\$77.00
90837	Individual therapy 53+ minutes	\$129.74	\$92.04	\$95.00
90839	Crisis first 60 minutes	\$104.07		\$99.00
90840	Crisis every consecutive 30 minutes after 90839 is billed	\$41.09		\$63.00
90846	Family w/o client 50 minutes	\$82.99	\$67.06	\$73.00
90847	Family with client 50 minutes	\$101.77	\$69.69	\$76.00
90853	Group (non-related)	\$34.56		\$19.00